

Washington State Active Community Environments Project



What are Active Communities?

- Promotes walking, bicycling
- Accessible recreation facilities
- Street design, density of housing
- Availability of public transit
- Trail connectivity
- School Sites
- Safe Routes to School



Key Partners:

- DOH (Department of Health)
- WSDOT (Washington State Department of Transportation)
- CTED (Community Trade and Economic Development)

Partnership works...

- Communication
- Patience
- Recognize difference
- Common goals
- Support from the top

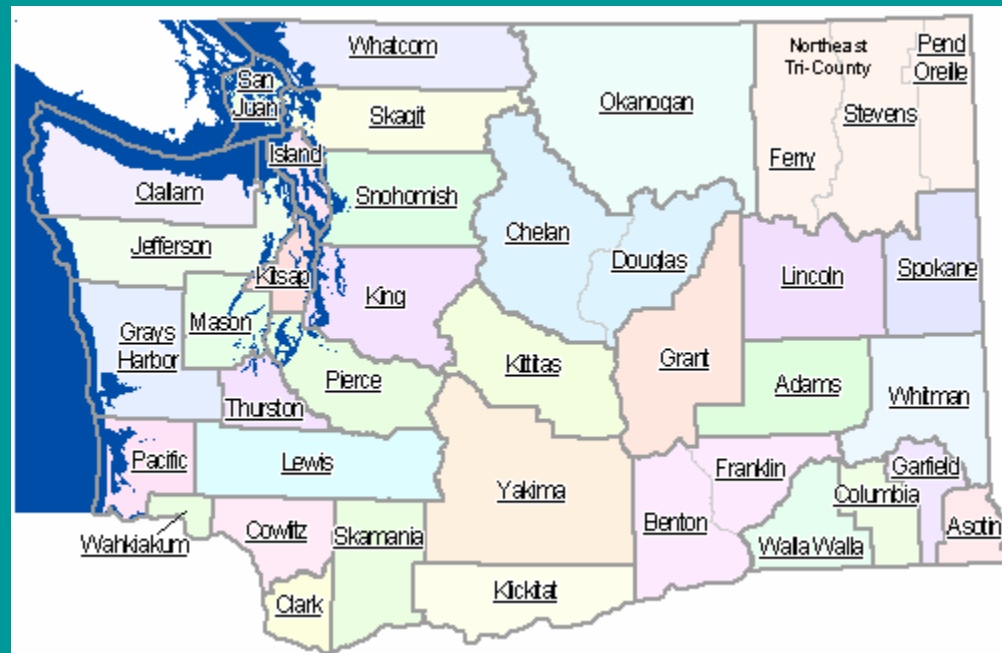


DOH and LHJ offers



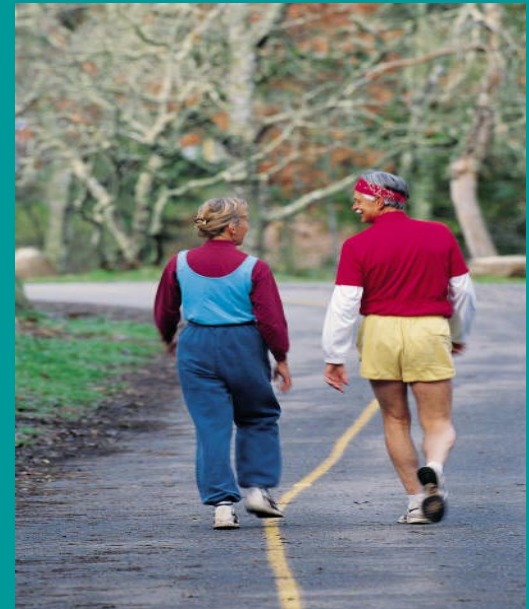
- Expertise related to health issues
- Community connections
- Assessment and evaluation skills
- Resources

Washington's 35 Health Districts



Key Message

- Transportation, community design and land use choices affect the health of the public.
- Planning should consider moving people.



Health Connection

Related to land use

- Obesity, physical activity, CVD
- Water quantity and quality

Transportation

- Asthma
- Car crashes
- Ped injuries

Physical Activity Specialist

- Contact information

360-236-3623

